



Please fill out the application entirely and legibly.

Name _____ Nickname _____ Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

We will need to contact you both by phone & email. Please be sure to give us the best phone number to reach you

Date of Birth _____ Social Security _____

Spouse's Name _____ Phone Number _____

Your Occupation _____ Retired? Yes No

How did you hear about us? _____

REVIEW OF SYMPTOMS

➔ Please check all that apply

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Foot Pain | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Vascular Problems | <input type="checkbox"/> Implanted Cord/Bladder Stimulator |
| <input type="checkbox"/> Hand Pain | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Leg Pain | <input type="checkbox"/> Sciatica |
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Pacemaker/Defibrillator | <input type="checkbox"/> Plantar Fasciitis | <input type="checkbox"/> Pinched Nerve |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Morton's Neuroma | <input type="checkbox"/> Poor Circulation |
| <input type="checkbox"/> Foot Numbness | <input type="checkbox"/> Bulging Disc | <input type="checkbox"/> Cancer | <input type="checkbox"/> Joint Replacement |
| <input type="checkbox"/> Hand Numbness | <input type="checkbox"/> Spinal Stenosis | <input type="checkbox"/> Chemotherapy | <input type="checkbox"/> Foot Surgery |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Degenerative Disc | <input type="checkbox"/> Arthritis in Hands | <input type="checkbox"/> Poor Wound Healing |
| | | <input type="checkbox"/> Arthritis in Feet | <input type="checkbox"/> Excessive Thirst or Urination |

PRESENT HEALTH CONDITION

➔ In order of importance, list the health problems you are most interested in getting corrected:

1. _____
2. _____
3. _____
4. _____

➔ Is there a certain time of day any of these problems are better or worse?

➔ Is your balance/walking ability affected? If yes, please describe:

➔ List approximately how long you have noticed these problems:

1. _____
2. _____
3. _____
4. _____

➔ List the things you have used for these problems:

*Gabapentin Neurontin Lyrica Cymbalta
Physical Therapy Pain Medications Aleve
Tylenol Ibuprofen Motrin Chiropractic
Massage Therapy Injections Creams*

➔ What do you think is causing your problem?

Name of all doctors you have seen for these problems and treatment you received:



➔ **Have your symptoms:** Improved Worsened Stayed the same

List anything that makes your condition worse _____

List anything that makes your condition better _____

➔ **How would you describe the symptoms? Please check ALL that apply**

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Aching Pain | <input type="checkbox"/> Numbness | <input type="checkbox"/> Hot Sensation | <input type="checkbox"/> Cramping |
| <input type="checkbox"/> Stabbing Pain | <input type="checkbox"/> Tingling | <input type="checkbox"/> Throbbing Pain | <input type="checkbox"/> Swelling |
| <input type="checkbox"/> Sharp Pain | <input type="checkbox"/> Pins & Needles Pain | <input type="checkbox"/> Dead Feeling | <input type="checkbox"/> Burning |
| <input type="checkbox"/> Tiredness | <input type="checkbox"/> Heavy Feeling | <input type="checkbox"/> Cold Hands/Feet | <input type="checkbox"/> Electric Shocks |

➔ **Is this condition interfering with any of the following?**

- | | | |
|--|----------------------------------|---|
| <input type="checkbox"/> Sleep | <input type="checkbox"/> Work | <input type="checkbox"/> Daily Activities |
| <input type="checkbox"/> Recreational Activities | <input type="checkbox"/> Walking | <input type="checkbox"/> Standing |

SOCIAL HISTORY

Do you smoke? Yes No If yes, how many cigarettes daily? _____

Do you drink? Yes No If yes, how many drinks per week? _____

Do you exercise regularly? Yes No If yes, please describe type & how often: _____

CURRENT PAIN LEVELS

➔ **How would you rate your pain in the last week?**

NO PAIN **1** **2** **3** **4** **5** **6** **7** **8** **9** **10** WORST PAIN POSSIBLE

➔ **If you had to accept some level of pain after completion of treatment, what would be an acceptable level?**

NO PAIN **1** **2** **3** **4** **5** **6** **7** **8** **9** **10** WORST PAIN POSSIBLE



PREVIOUS HEALTH HISTORY

This is a confidential record of your health history and pertinent personal history. Your signature below allows our doctors and office staff to discuss and share this information with other medical providers approved by you. Your records will not be released without your written and signed consent.

Name _____ Signature _____

Please give name, address, and office phone number of your primary care physician.

Name _____ Phone _____ Address _____

When were you last seen there?

May we send them updates on your treatment/condition? Yes No

List ALL allergies/sensitivities to medication, food, and other items here:

<i>Item you react to:</i>	<i>Reaction:</i>
_____	_____
_____	_____
_____	_____
_____	_____

List the prescription drugs you are currently taking (or you may attach a list):

<i>Name</i>	<i>Dose (mg or IU)</i>	<i>Times Daily</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

List all nutritional supplements (vitamins, herbs, homeopathics, etc.) as above:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



➔ PRACTICE INFORMATION HERE

Patient Quality Of Life Survey

Name: _____

Date: _____

*Please take several minutes to answer these questions so we can help you get better.
(Please circle as many that apply)*

- 1** How have you taken care of your health in the past?
 - a. Medications
 - b. Emergency Room
 - c. Routine Medical
 - d. Exercise
 - e. Nutrition/Diet
 - f. Holistic Care
 - g. Vitamins
 - h. Chiropractic
 - i. Other (please specify): _____

- 2** How did the previous method(s) work out for you?
 - a. Bad results
 - b. Some results
 - c. Great results
 - d. Nothing changed
 - e. Did not get worse
 - f. Did not work very long
 - g. Still trying
 - h. Confused

- 3** How have others been affected by your health condition?
 - a. No one is affected
 - b. Haven't noticed any problem
 - c. They tell me to do something
 - d. People avoid me

- 4** What are you afraid this might be (or beginning) to affect (or will affect)?
 - a. Job
 - b. Kids
 - c. Future ability
 - d. Marriage
 - e. Self-esteem
 - f. Sleep
 - g. Time
 - h. Finances
 - i. Freedom



5 Are there health conditions you are afraid this might turn into?

- a. Family health problems
- b. Heart disease
- c. Cancer
- d. Diabetes
- e. Arthritis
- f. Fibromyalgia
- g. Depression
- h. Chronic Fatigue
- i. Need surgery

➔ How has your health condition affected your job, relationships, finances, family, or other activities? Please give examples:

➔ What has that cost you? (time, money, happiness, freedom, sleep, promotion, etc.) Give 3 examples:

➔ What are you most concerned with regarding your problem?

➔ Where do you picture yourself being in the next 1-3 years if this problem is not taken care of? Please be specific

➔ What would be different/better without this problem? Please be specific

➔ What do you desire most to get from working with us?

➔ What would that mean to you?
